

# Bug out Bag Checklist

## Basic Items

- Dry Bag
- Duct Tape
- Foul Weather Gear
- Multitool
- Radio (hand cranked)
- Signal Mirror
- Spare Clothes
- Survival Knife
- Tomahawk
- Magnesium Firestarter

## Personal

- Hygiene Kit
- Wet Naps
- Water Filter/Purifying Tablets
- Bug Repellent
- Extra Cash

## Shelter

- Sleeping Bag or Hammock
- Survival Blanket
- Tarp/Emergency Shelter
- Paracord

## Food/Water

- Water
- Water Container
- Extra Water
- Food Rations
- Can Opener
- Hydration Bladder

## Urban Survival

- Dust Mask
- Hydrant Wrench
- Gas Main Tool
- Pry Tool
- Work Gloves

## Finding Your Way

- Compass
- Emergency Radio
- Flashlight (LED Preferred)
- Headlamp
- Survival Whistle
- Map Of Your Local Area

## First Aid

- Antibiotics
- Gauze
- Medications
- Moleskin
- Quick Clot
- Super Glue
- Suture Kit
- Tourniquet
- Triangle Bandage

## Hunting/Self Defense

- Extra Ammo
- Fishing Kit
- Handgun
- Pepper Spray
- Rifle
- Slingshot & Ammo

## Wilderness Survival

- Filet Knife
- Hatchet
- Hunting/Skinning Knife
- Saw
- Shovel

## Water and water filtration

- Drinking water 3 liters (separate containers)
- One 32 oz. wide mouth hard plastic bottle
- One bottle with integral filter
- One collapsible soft bottle
- Straw water filter
- Water purification tablets

## Food

- MRE's
- Beef jerky
- Granola bars, energy bars, instant oatmeal and nuts
- Soft tuna packs
- Metal camping cup

## Shelter

- Mylar survival blanket
- Foam sleeping pad
- 8' x 10' nylon camping tarp

## Fire-making

- Butane lighters – two
- Fire striking rod
- Stormproof matches in waterproof case
- Wetfire starting tinder

## First aid and hygiene

- Well stocked first aid kit to treat cuts, blister, rash, fever and burns at a minimum.
- Toilet paper
- Medication and/or eyewear

## Tools

- Survival knife – Full tang, single edge, 7” – 11”
- Multi-tool
- Machete

## Security

- Firearm and ammo
- Pepper spray

## Lighting

- LED head lamp
- LED compact waterproof flashlight with back up batteries
- One 9 hour candle

## Additional items

- Emergency hand crank NOAA/AM/FM radio/flashlight
- Bug spray
- Cash, Maps and compass
- Small pad and paper
- Duct tape – wrap one of your items with 10'
- Multiple zip lock bags
- One large contractor grade garbage bag
- One bandana
- Hard plastic or metal spork
- Paracord 100' military spec 550
- Emergency fishing kit
- Emergency sewing kit
- Folding shovel