

## Water and water filtration

- Drinking water 1 liter
- Filter straw and/or water purification tablets

## Food

- Granola bars, energy bars, nuts

## Shelter and Clothing

- Mylar survival blanket
- 8' x 10' nylon camping tarp
- Alternatively, small tent
- Rain Coat
- Sunglasses and hat

## Fire-making

- Butane lighters – two
- Stormproof matches in waterproof case
- Wetfire starting tinder or some other kind of tinder

## First aid and hygiene

- Well stocked first aid kit to treat cuts, blister, rash, fever and burns at a minimum.
- Toilet paper
- Medication and/or eyewear

## Tools

- Survival knife – Full tang, single edge, 7" – 11"
- Multi-tool
- Small folding knife

## Security

- Firearm and ammo
- Alternatively, look for a nonlethal like pepper spray

## Lighting

- LED head lamp
- LED compact waterproof flashlight with back up batteries
- One 9 hour candle

## Additional items

- Emergency hand crank NOAA/AM/FM radio/flashlight
- Bug spray
- Cash
- Small pad and paper
- Map of your area
- Duct tape – wrap one of your items with 10'
- Multiple zip lock bags
- One large contractor grade garbage bag
- One bandana
- Paracord 100' military spec 550